



Cannabis Smoking Accessories

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As always, it is important to remember that **there is no “best” way to consume cannabis** and what works for one person might not actually work best for you.

If you have questions, please always ask the dispensary staff. They are there to guide you through this personal process and provide any information you may need. **When in doubt, experiment, document, learn and implement the “start low and go slow” approach.**

While smoking may not be considered the “healthiest” way of consuming cannabis, we know that there will always be people who get the most out of their cannabis via inhalation. **We hope this information helps you find smoking accessories that meet your own specific needs and lifestyle.**

Vaporizers

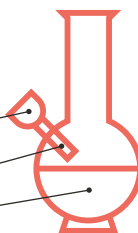
Vaporizers are considered healthier and more effective than smoking. Vaporizers warm plant material to release the beneficial compounds like terpenes and cannabinoids without creating a harmful combustion.



Water Pipe

Water pipes have three major parts:

- bowl
- down-stem
- base



The base is filled with water until it just covers the holes of the down-stem. Dried herb is placed into the bowl piece, which is then inserted into the down-stem. The flower is lit and smoke is inhaled into the base before removing the bowl piece and inhaling the remaining smoke. **Water pipes allow for larger hits and a longer inhale by cooling smoke through water that diffuses your hit into bubbles.**

Hemp Wick



Hemp wick is a great alternative to smoking with a traditional lighter, which has chemicals such as butane that can be inhaled. Rather than igniting the herb with a lighter and inhaling, you can instead light hemp wick. This wick continuously burns with a small flame that can be used to ignite and then inhale your cannabis.

Hand Pipe

Hand pipes are a very common accessory for both beginners and experienced users. Dried flower is packed into the bowl and a flame is placed directly on the herb. With a finger covering the carb (the hole on the side), you can inhale the smoke into the chamber before removing your finger and inhaling additional smoke. **Hand pipes are great for sharing and longer sessions. Creates a smooth draw and is travel friendly.**



Grinders

Herb grinders traditionally come in two or four pieces.

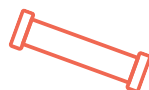


With a two-piece grinder, simply place the herb in between the two pieces and grind until it is the consistency you're looking for.

When using a four-piece grinder, place the herb between the two top pieces and grind until the herb has fallen through to the middle section. You can then open the middle section to expose the ground herb, which can be loaded into a pipe, rolled into a joint, or used to make infusions. The bottom section of a four-piece grinder is a kief collector, which is used to capture potent, dried resin glands as they fall off the dried material. This kief can be collected and stored for special use.

Taster

Unlike the hand pipe, the taster pipe has no carb to cover, so the smoke is inhaled directly. **Tasters are typically used to sample or microdose a small amount of dried flower, and is great for medicating on the go.**



Joint

Joints are simple, classic, and a great choice for anyone who wants to share a smoke or not have to keep track of a glass piece before and/or after smoking.



Safety Note: The hydrocarbons produced by smoking (cigarettes, cannabis, herbal blends, etc) can reduce the effectiveness of some medications by altering our metabolism process. Always proceed with caution when smoking any substance, consulting with your doctor.

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